



Market Drayton Infant and Nursery School PSHE/Emotional Health and Well-being curriculum

Every classroom should have:

- Character - BLP posters (from Sam with puppets)
- Question Box
- Feelings Wheel (tie into mood monsters twinkl)
- Rights and responsibilities display/Ground rules (SRE information sheet)
- Class characters - designed by children boy and girl with name/personality/likes and dislikes. Do these need to have same name across the school.
- Diamond 9 each term
- Growth Mindset videos - class dojo

KEY

British Values

BLP (Building Learning Power)

Mental and emotional wellbeing

SRE

Health (keeping safe)

	YR	Yr1	Yr2
Autumn 1	Week 1 - Rights and responsibilities link to respect, tolerance, rule of law,	Week 1 - Rights and responsibilities/Ground rules	Week 1 - Rights and responsibilities/Ground rules



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	<p>democracy/Ground rules, question box</p> <p>Week 2 - mood monsters</p> <p>Week 1 recognising a range of emotions (MH&EWB curriculum)</p> <p>Week 3 - classroom characters</p> <p>Week 4 - introduce collaboration</p> <p>Week 5 - people who help us - teeth</p> <p>Week 6 - stranger danger - people who help us/people to trust.</p>	<p>Week 2 - question box, mood monsters</p> <p>Week 3 - classroom characters</p> <p>Week 4 - introduce collaboration</p> <p>Week 5 - Road safety - walk around Market Drayton looking at buildings</p> <p>Week 6 - citizenship (diversity and cohesion) The stranger</p> <p>Enrichment - Great Britain Day</p>	<p>Week 2 - question box, mood monsters</p> <p>Week 3 - classroom characters</p> <p>Week 4 - introduce collaboration</p> <p>Week 5 - eat better day to cover (linked to cooking sessions)</p> <p>Week 6 - citizenship Keeping safe who is afraid?</p> <p>Enrichment - camping day</p> <p>Move more - obstacle course</p>
Autumn 2	<p>Week 1 Firework safety</p> <p>Week 2 13-19 Nov Parliament week (week early)</p> <p>Week 3 17th Nov Children in Need - dressing up/respect and tolerance - not all people are the same.</p>	<p>Week 1 - firework safety</p> <p>Week 2 - parliament week</p> <p>Week 3 17 Nov Children in Need - citizenship week - Get better soon.</p> <p>13-17 Nov Anti bullying week - recognise how their behaviour affects other people</p> <p>Bodies and feelings can be hurt</p>	<p>Week 1 - firework safety</p> <p>Week 2 - parliament week</p> <p>Citizenship Lesson Diversity and Cohesion - Save Our Jack</p> <p>Week 3 17 Nov Children in Need - citizenship week - Stairs</p>



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	<p>13-17 Nov Anti bullying week - recognise how their behaviour affects other people Bodies and feelings can be hurt To recognise when people are being unkind, either to them or others and how to respond/who to tell/what to say, different types of teasing and bullying and that they are wrong and unacceptable.</p> <p>Week 4 20-26 Nov road safety week</p> <p>Week 5 - perseverance</p> <p>Week 6 - use class characters to support issues in class</p>	<p>To recognise when people are being unkind, either to them or others and how to respond/who to tell/what to say, different types of teasing and bullying and that they are wrong and unacceptable. Citizenship Lesson - sticks and stones</p> <p>Week 4 20-26 Nov road safety week</p> <p>Week 5 - perseverance</p> <p>Week 6 - use class characters to support issues in class</p>	<p>13-17 Nov Anti bullying week - recognise how their behaviour affects other people Bodies and feelings can be hurt To recognise when people are being unkind, either to them or others and how to respond/who to tell/what to say, different types of teasing and bullying and that they are wrong and unacceptable.</p> <p>Week 4 20-26 Nov road safety week</p> <p>Week 5 - perseverance</p> <p>Week 6 - use class characters to support issues in class</p>
Spring 1	<p>Week 1 - recognising and celebrating strengths, setting simple but challenging goals</p> <p>Week 2 - lesson 2 emotional health and wellbeing lesson</p>	<p>Week 1 - recognising and celebrating strengths, setting simple but challenging goals</p> <p>Week 2 - lesson 2 emotional health and wellbeing lesson</p>	<p>Week 1 - recognising and celebrating strengths, setting simple but challenging goals</p> <p>Week 2 - lesson 2 emotional health and wellbeing lesson</p>



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	<p>Week 3 - revising introduction</p> <p>Week 4 - revising activities</p> <p>Week 6 Internet Safety Day</p>	<p>Week 3 - revising introduction</p> <p>Week 4 - revising activities</p> <p>Week 5 - Citizenship - golden Statue</p> <p>Week 6 Internet Safety Day</p>	<p>Week 3 - revising introduction</p> <p>Week 4 - revising activities</p> <p>Week 5 - Citizenship - To give is to receive.</p> <p>Week 6 Internet Safety Day</p>
Spring 2	<p>Week 1 - Mental Health and emotional wellbeing - what is fair, unfair, kind, unkind, right and wrong. Revisit rights and responsibilities/ground rules.</p> <p>Week 4 - Sports Relief 23.3.18 Sports whole school activity? Move More - link to this?</p> <p>Week 5 - Questioning BLP</p>	<p>Week 1 - Mental Health and emotional wellbeing - what is fair, unfair, kind, unkind, right and wrong. Revisit rights and responsibilities/ground rules.</p> <p>Week 2/3 Choices and challenges unit in RSE - car wash, caring for pets, people who care for us, story time (a kiss like this - safe touch).</p> <p>Week 4 - Sports Relief 23.3.18 Sports whole school activity? Move More - link to this?</p>	<p>Week 1 - Mental Health and emotional wellbeing - what is fair, unfair, kind, unkind, right and wrong. Revisit rights and responsibilities/ground rules.</p> <p>Week 2/3 Choices and challenges unit in RSE - car wash, caring for pets, people who care for us, story time (a kiss like this - safe touch) See extension activities.</p> <p>Week 4 - Sports Relief 23.3.18 Sports whole school activity? Move More - link to this?</p>



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		Week 5 - Questioning BLP	Week 5 - Questioning BLP
Summer 1	<p>Week 1 - New Learning Power Resilience</p> <p>Week 2 - Lesson 3 Emotional Health and Wellbeing Lesson - Using words and body to describe feelings and recognising feelings in other people, asking for help with big feelings.</p> <p>Week 3/4 Water Safety (link to Nic water poster competition/eco-schools)</p> <p>Eat Better/Healthy eating - linking to cooking with Tracey (from RSE folder)</p> <p>Democracy Day - link to elections (Link to animal charity)</p>	<p>Week 1 - New Learning Power Resilience</p> <p>Week 2 - Lesson 3 Emotional Health and Wellbeing Lesson - Using words and body to describe feelings and recognising feelings in other people, asking for help with big feelings.</p> <p>Week 3/4 Water Safety (link to Nic water poster competition/eco-schools) Citizenship - saving energy</p> <p>Democracy day - link to elections/topic</p> <p>Look at learning Power muscle resilience</p>	<p>Week 1 - New Learning Power Resilience</p> <p>Week 2 - Lesson 3 Emotional Health and Wellbeing Lesson - Using words and body to describe feelings and recognising feelings in other people, asking for help with big feelings.</p> <p>Week 3/4 Water Safety (link to Nic water poster competition/eco-schools) Citizenship- sustainability lesson</p> <p>Democracy day - link to elections/topic (Adopt an animal)</p>



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	Look at learning Power muscle resilience		Look at learning Power muscle resilience
Summer 2	<p>Application of all building learning powers over year</p> <p>Transition preparation - getting ready to move on and understand associated feelings with this.</p>	<p>Application of all building learning powers over year</p> <p>Transition preparation - getting ready to move on and understand associated feelings with this.</p> <p>RSE - revisit choices and challenges - what you can do now that you couldn't do before.</p> <p>RSE - changes unit of work (linked to Lit/Sci)</p> <p>Eat Better/Healthy eating - linking to making vegetable soup/following on from Tracey (from RSE folder)</p>	<p>Application of all building learning powers over year</p> <p>Transition preparation - getting ready to move on and understand associated feelings with this. Visit junior school and visits from junior teachers.</p> <p>RSE - revisit choices and challenges - what you can do now that you couldn't do before.</p> <p>RSE - changes unit of work</p> <p>Learn about change and loss and learn about associated feelings (EHMWB)</p>



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		<p>Citizenship Lesson - rights and responsibilities - more than one friend.</p>	<p>Citizenship Lesson - rights and responsibilities - more than one friend. Link to transition.</p>
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