

What do I already know? Use progression documents to state prior learning that will feed into this unit. I am increasingly independent in my own care needs. I am beginning to make healthy choices with regard to foods, toothbrushing and exercise. Manage own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices	Subject: PSHE & RSHE Year group: Rec Year 1 Year 2 Unit: The importance of handwashing Enquiry Question focus: Or focus discipline / concept Why is it important to wash our hands? What might someone do to keep clean?	What will I be learning? Use progression document to state the component knowledge steps. Refer to type of knowledge e.g. declarative To learn about the importance of personal hygiene routines To explain why and when hands should be washed To identify how germs can spread and ways to prevent To demonstrate how hands should be washed	What is my end goal? To know the steps I can take to protect and support my own and others' health and wellbeing, including personal hygiene. AfL Questions How can I keep myself healthy by washing my hands? How should my hands be washed?	What will I be learning next? To learn about thoughts and feelings and how noticing them can be helpful. To learn about different kinds of distraction To learn about different ways of changing thoughts and feelings. To learn how to manage unhelpful thoughts. To learn about ways of managing reactions and responses.
Star Words Which words are those tier 2 and 3 words that children will need to know? wash germs health spread			Key Vocabulary What tier 1 and 2 vocabulary will children use? They will already know and use these words. bacteria virus	